

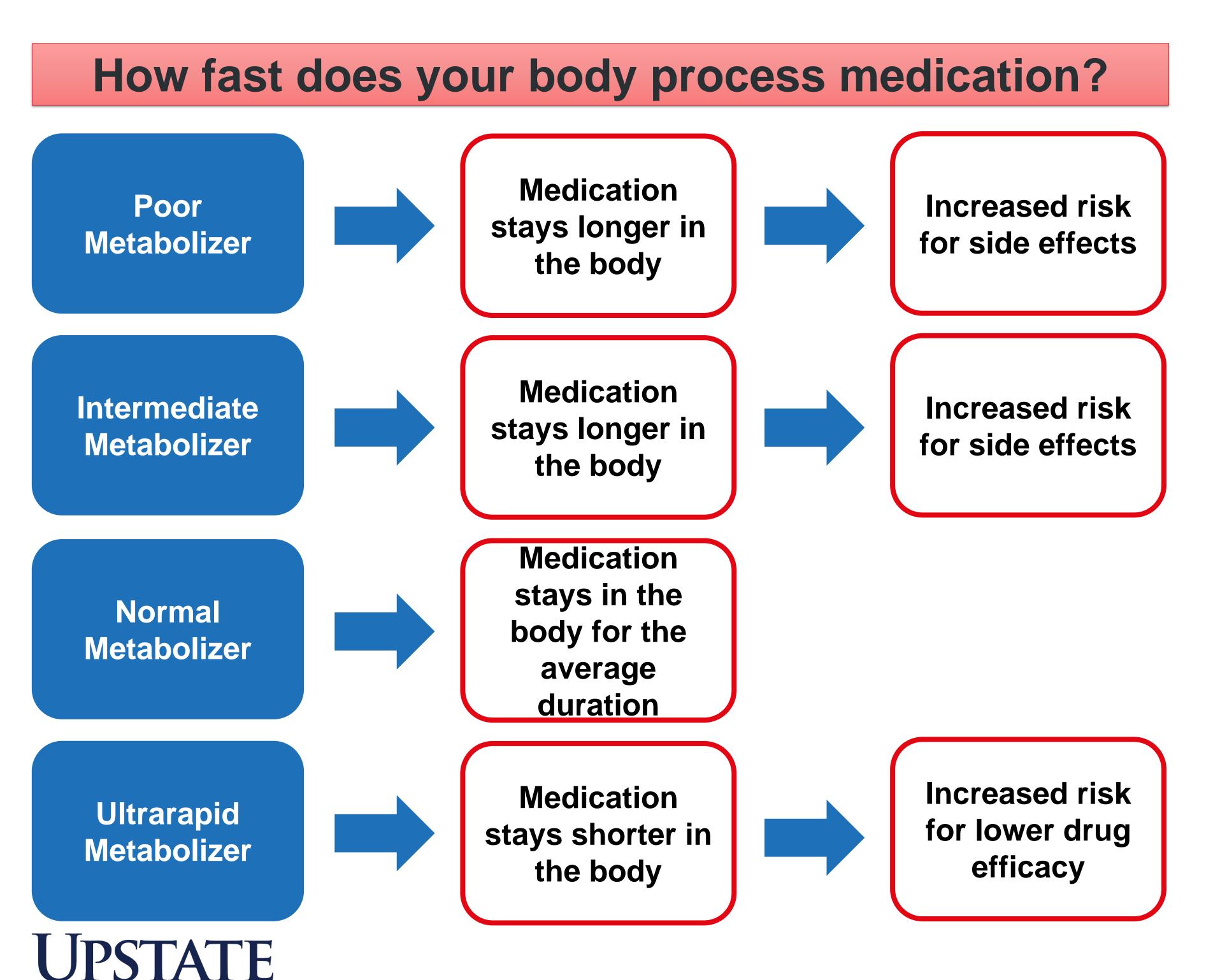
MEDICAL UNIVERSITY

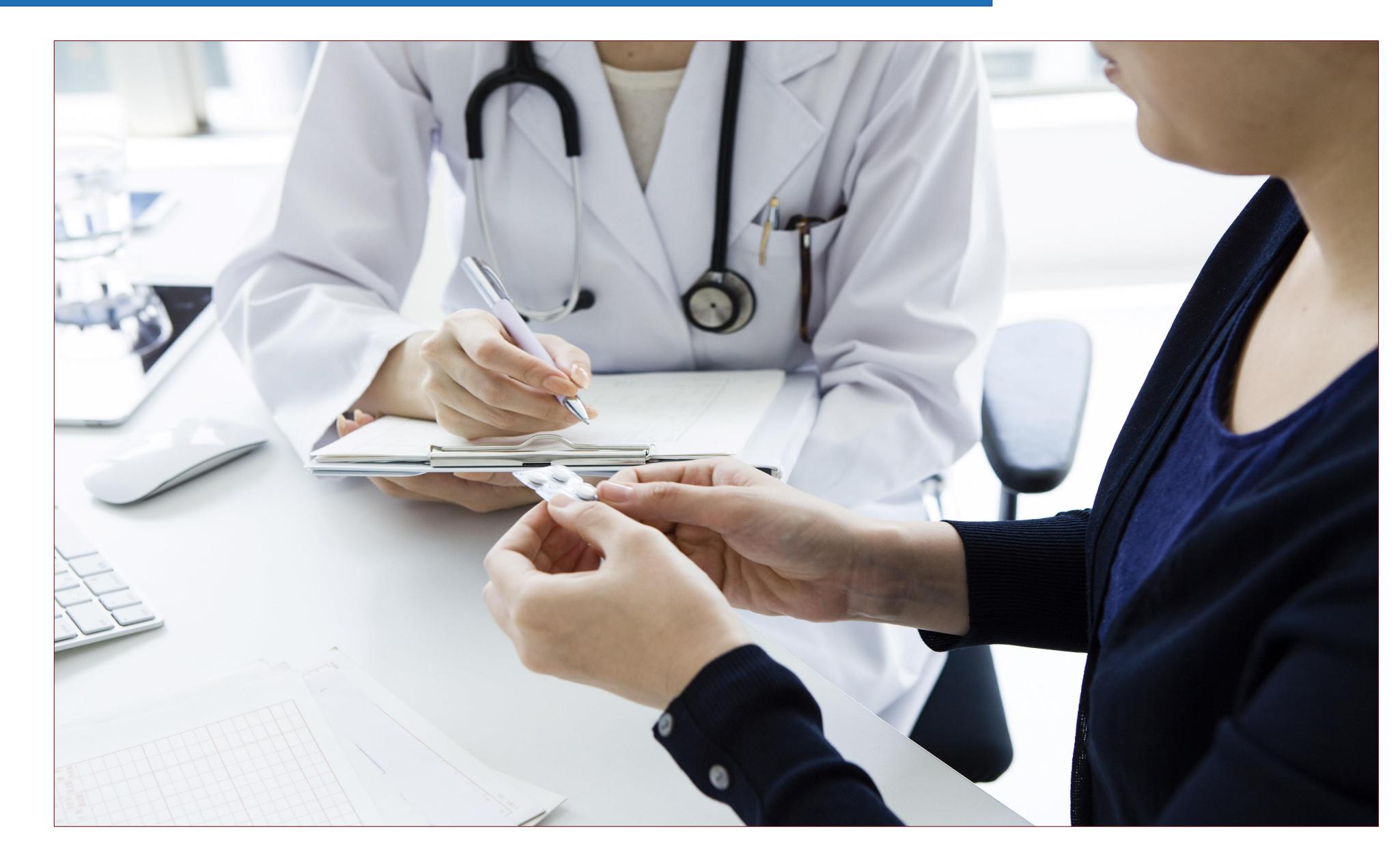


Do you experience difficulties with your current antidepressant or antipsychotic medication?

Then you might be a candidate for PSY-PGx!

- About 50-70% of patients with a mental illness experience side effects or lack of efficacy of their medications
- Certain genetic variants influence medication reactions including side effects
- Knowing a patient's genetic profile might help to fine-tune medication dose prescription





- PSY-PGx is an international project funded by the European Union
- Aim: To compare genetically informed medication prescription with prescription as usual
- Participants will receive adjusted dosing based on their individual genetic profile for:
- Sertraline or escitalopram for patients with mood or anxiety disorders
- ➤ aripiprazole or risperidone for patients with psychotic disorders





Start

Week 0

Week 2

Week 6

Week 12

Week 24



Do you want to participate?

- Are you 18 64 years old?
- Do you own a smartphone that the study app can be installed on? (smartphone released after 2015)
- •Are you currently dealing with one or more of the following disorders?
- ➤ Major depressive disorder, bipolar disorder (currently depressive)?
- panic disorder, generalised anxiety disorder?
- Schizophrenia, schizoaffective disorder?
- •Did you have to change medication for your condition either due to side effects or the medication not having the desired effect in the past?
- Do you take no more than 4 different kinds of psychiatric medication?

How does the study work?

- Duration: 24 weeks, 5 total visits
- •Data gathered: blood sample, ECG, current symptoms, medication, habits, wellbeing and side effects.
- •Two weeks after your first appointment, you will be randomly assigned to either receive regular treatment or your dose will be adjusted according to your genetic profile.
- •For the study duration the scientific **BeHapp-App** will gather background information about your everyday life (e.g. location, daily usage).
- •Get information about your metabolizer status at the end of the study!

Our DNA stores a blueprint of our body.

Individual variations in DNA explain a part of the differences between people, including response to medication. In this study, we are mainly interested in variations in two genes that encode proteins found in the liver, named CYP2C19 and CYP2D6.

What happens with your data?

The data we gather during this study will be fully protected according to the most recent **GDPR** and **ethical standards**.

Your data will be labelled with a random code so that your identity is protected at all steps of the process.

Interested? Contact: Dr. Thomas G. Schulze: SchulzeT@upstate.edu



